



EFOL 2017



Nijolė Dirginčienė
Mayor of Birštonas municipality

**Dear participants, organizers
and guests of**



EFOL 2017

Welcome to Birštonas – royal and quiet resort with beautiful landscapes and forests. I am pleased that, European for-esters orienteering championships, with such deep sports traditions, hosts in Birštonas this year. I am glad and proud to greet participants from all over the Europe in the resort of health, harmony and sporting events.

Let the nature, fresh pine forest air and harmony provide you strength and fortune. I sincerely wish good results for participants, great memories and fun moments for organizers.

I hope that Birštonas will become the place for You to come back.

Programme

2017 August 1 - 5

August 1 Tuesday

10:00 - 22:00 Arrival and registration. Event center.

14:00 - 18:00 Model event. <https://goo.gl/maps/rXCzR71CiTq> 54.613020, 23.961831

19:00 Foresters seminar. Event center.

20:00 Team leaders meeting. Event center.

August 2 Wednesday

12:00 - 14:00 Sprint race. <https://goo.gl/maps/Pg2oUfjVfKT2> 54.612205, 24.029506

16:30 - 18:30 Opening ceremony. Prize giving ceremony for sprint event.

<https://goo.gl/maps/43sjmxB25HM2> 54.612348, 24.028787

August 3 Thursday

11:00 - 14:00 Middle race. Map sample.

<https://goo.gl/maps/7Pxc6r23nyx> 54.539479, 23.920254

19:00 Prize giving ceremony for middle distance, Banquet.

Programme

2017 August 1 - 5

August 4 Friday

07:30 - 08:00 Registration of relay teams. Event center.

09:00 - 18:00 Excursions. Meeting place (Birštonas bus station).

54.605148, 24.029383

August 5 Saturday

09:00 - 12:00 Relay race. Map sample.

<https://goo.gl/maps/pF2PXMNJzV42> 54.641537, 23.964881

13:00 - 14:00 Prize giving ceremony for relay, Closing ceremony.

Event center

EFOL 2017 event center will take place in sanatorium „Eglé“.

Address:

Algirdo st. 22, Birstonas LT59204,

Coordinates:

54.60912, 24.033994 (WGS)

Model

Tuesday 1st of August.

Model event, 14:00 – 18:00

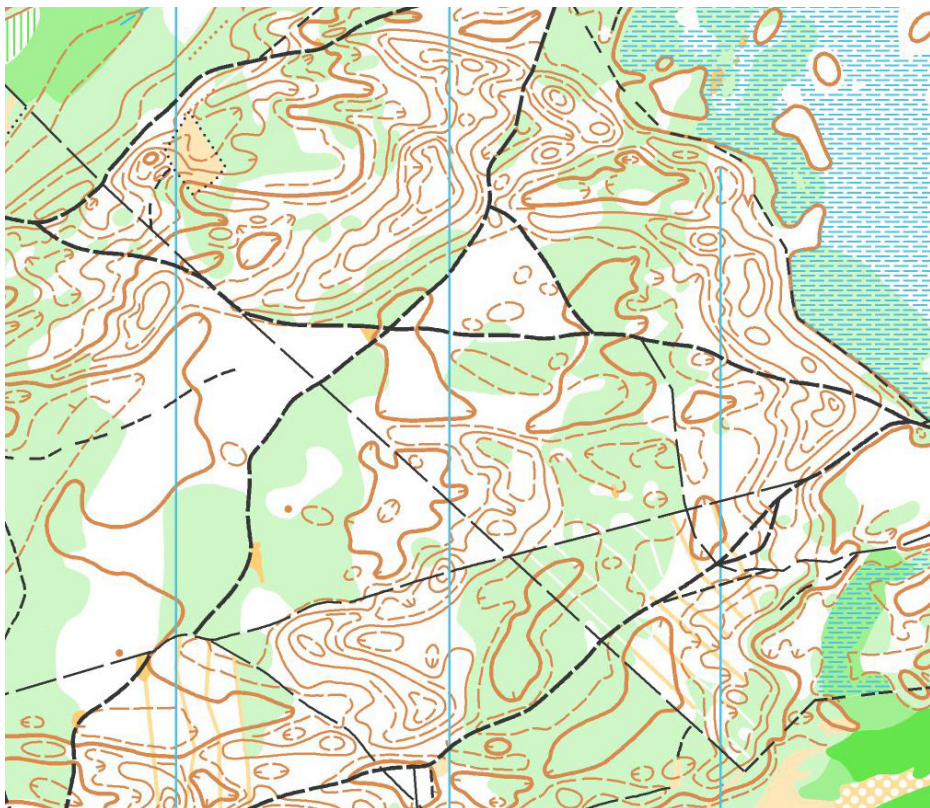
no punching system, no start formal start minutes, there will be orienteering prisms in control places. Maps will be sold (5€/map) in Event center.

GPS coordinates: 54.613020, 23.961831

Map: Giraitiškės

Scale: 1:10000

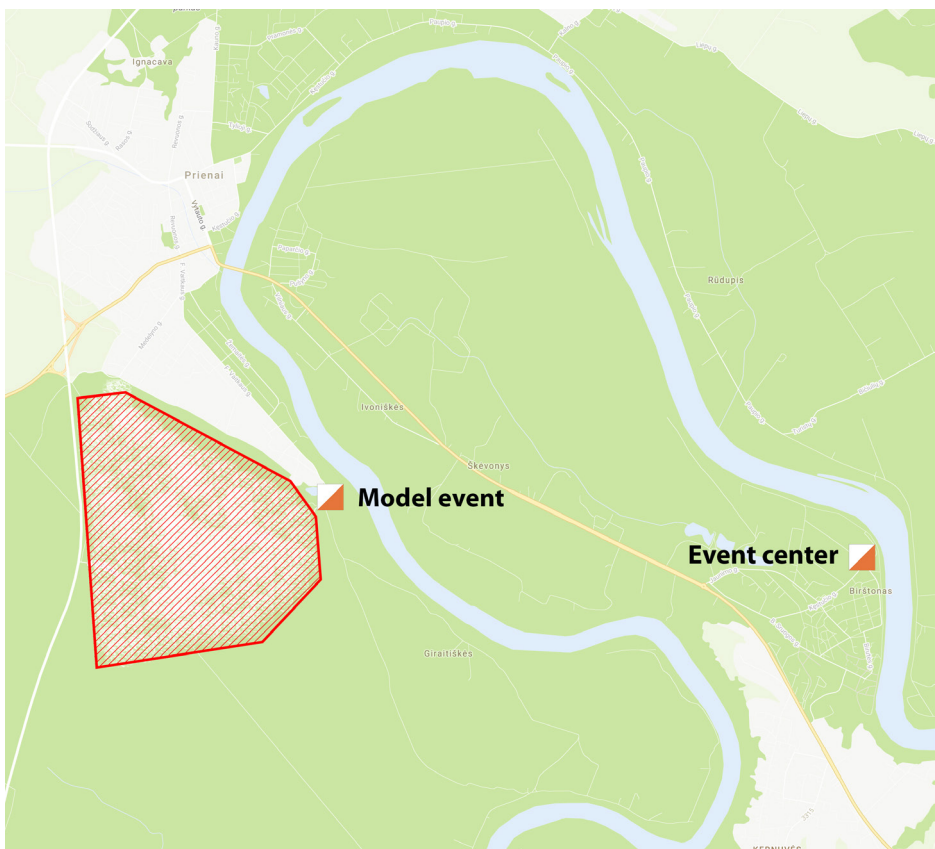
Contour interval: 2,5



Model

Terrain:

Typical Lithuanian terrain with mixture of deciduous and coniferous forest with many relief details, especially depressions and slopes. Runability from very fast to very slow.



Sprint distance race



Sprint distance race



Sprint distance race

Terrain:

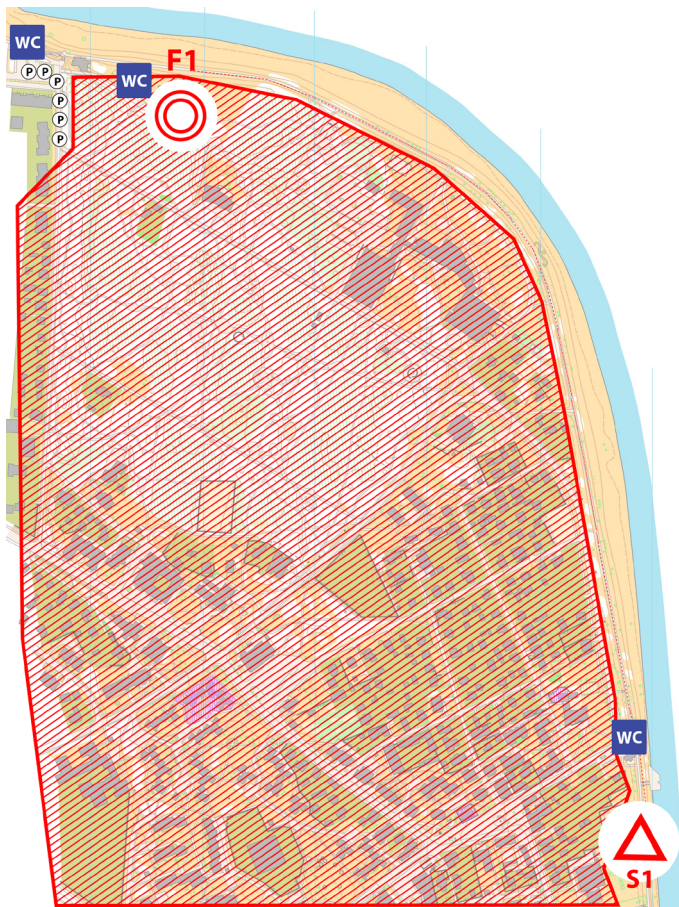
Sprint event will take place in Birštonas city – mixed environment with Town park, urban area with various scale solitary buildings. Parking: no special parking area for participants. There is big parking spot near Finish area. Parking in Birštonas is free of charge.

Map: Birštonas

Scale: 1:4000

Contour interval: 2m

Distance from finish area to Sprint start: 1400m.



Middle distance race

Terrain:

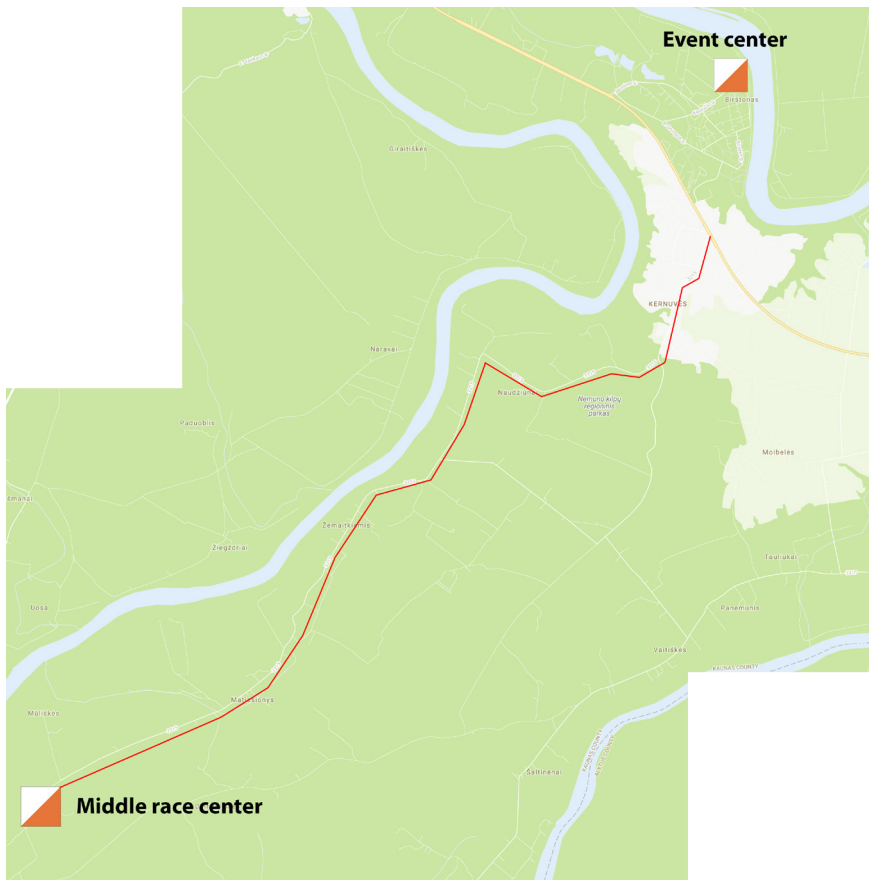
Typical Lithuanian terrain with mixture of deciduous and coniferous forest with many relief details, especially depressions and slopes (15-40m), there are marshes with small islands in this area. Runability is mostly average, visibility is restricted.

Map: Buktos miškas

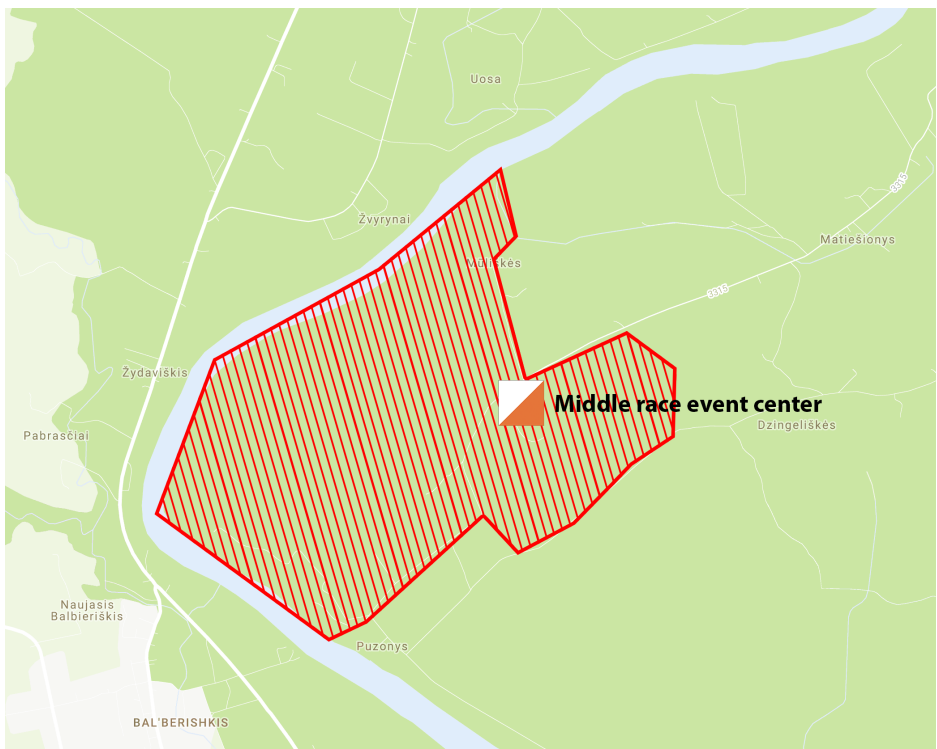
**Scale: 1:10000; W12, M-12
ir W-65, M-65 and older
1:7500.**

Contour interval: 2,5m

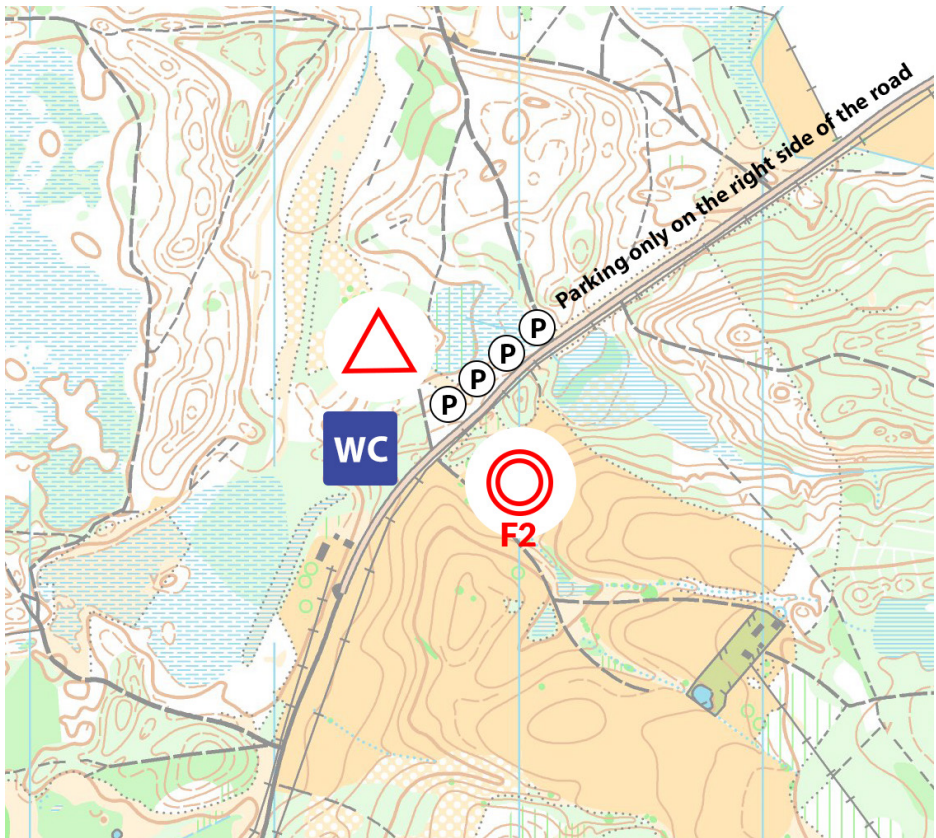
Distance from finish area to Middle start: 200m.



Middle distance race



Middle distance race



Relay

Terrain:

Mostly good runnable forest with some overgrowth. Small and middle relief forms. The visibility from very good to very poor, middle density of paths and rides.

Map: Žvėrinčius

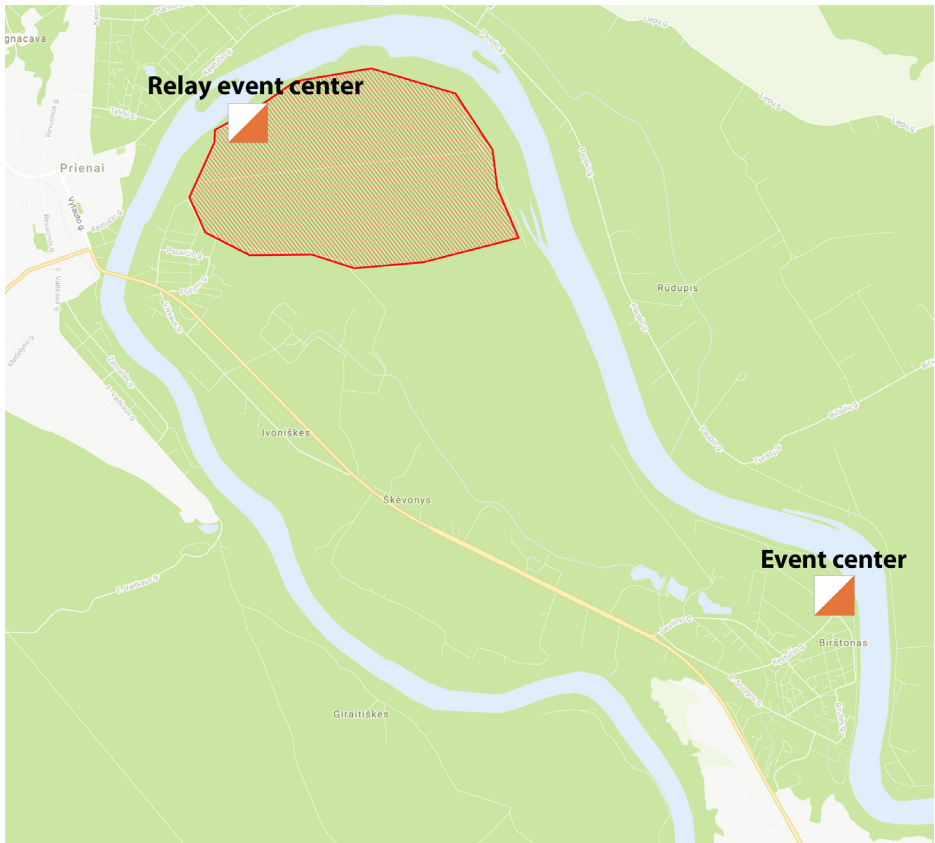
Scale: 1:10000; W12, M-12 ir

W-65, M-65 and older 1:7500

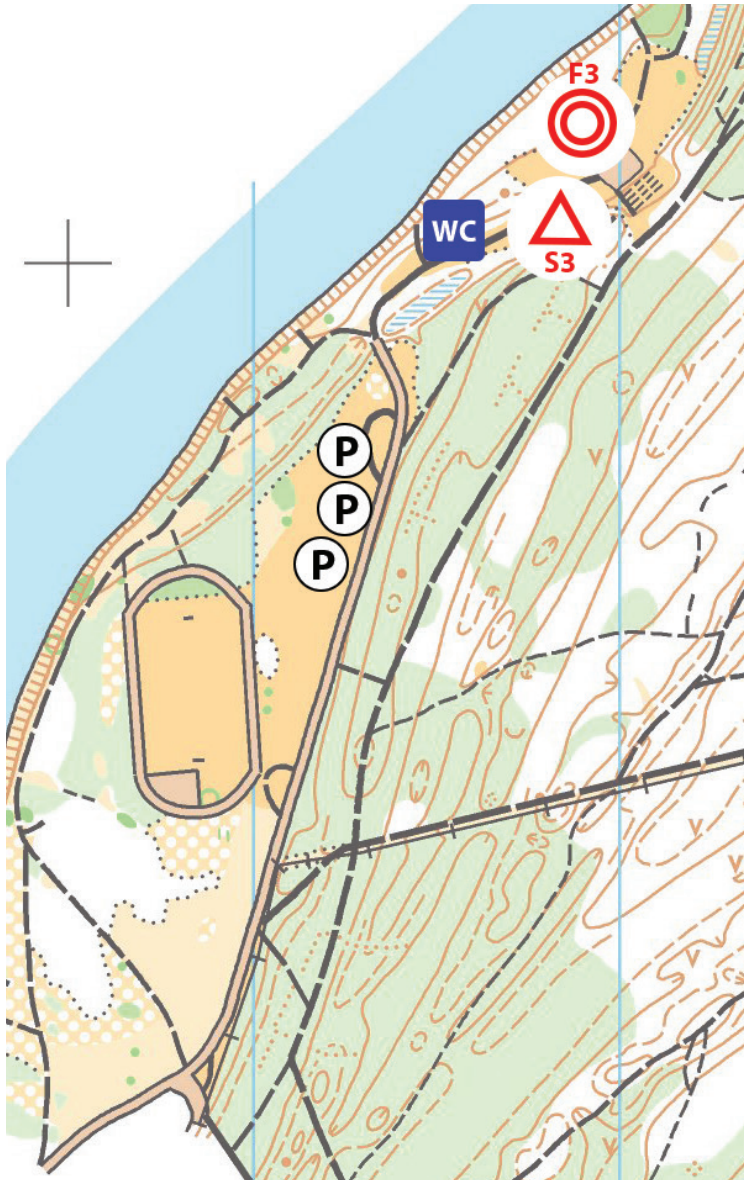
Contour interval: 2,5m



Relay



Relay



Courses

Class	Sprint	Middle
M12, OPEN, W12	1.8 km 9 CP	2.5 km 7 CP
M21	3.6 km 21 CP	8.5 km 22 CP
M35, M40	3.5 km 19 CP	7.2 km 22 CP
M45, M50	3.0 km 18 CP	6.5 km 16 CP
M18, M55, W35, W40	2.7 km 16 CP	6.2 km 15 CP
M16, M60, W18, W20	2.9 km 16 CP	5.7 km 12 CP
M20, W21	3.4 km 20 CP	6.6 km 20 CP
M65, W16, W45, W50	2.5 km 13 CP	5.5 km 14 CP
M14, M70, W55, W60	2.5 km 13 CP	4.2 km 10 CP
M75, W14, W65, W70	2.0 km 12 CP	3.2 km 10 CP
W75	1.8 km 9 CP	2.5 km 7 CP

Model

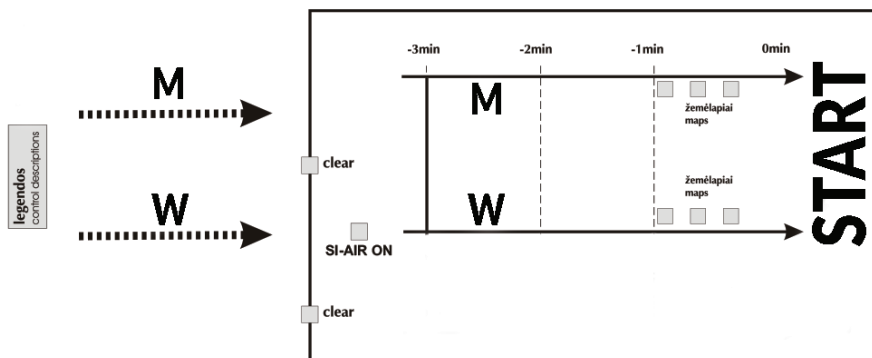
Class	Course	Legs
M21	6,3-6,4km 17CP	3
W21	5,6-5,8km 14CP	3
M35	5,8-5,9km 16CP	3
M45	5,1-5,2km 13CP	3
W35,M55	4,9km 13CP	3
W45,W55	4,2-4,3km 10CP	3
W16,M14,M65	4,2-4,3km 10CP	2
W18	4,9km 13CP	2
W14,W65	2,9km 10CP	2
M16,W20	5,2km 13CP	2
M12,W12,OPEN	2,4km 8CP	2
M75,W75	2,4km 7CP	2
M18	5,8km 14CP	2
M20	5,9km 16 CP	2

Time keeping

SportIdent electronic punching system will be used. It is a runner's responsibility to bring the correct SI card and ensure it is working. Hired SI cards will be prepared at the event center. Hired SI cards must be returned at the finish on the last day of the competition. The cost to replace a missing SI card is 30 euro.

Control descriptions

IOF pictorial symbols. Description list will be printed on maps and also made available as loose sheets before the start to runners having their own holders.



Prizes

There are medals for the three best in each class.

Excursions

A

Bus trip 120-150km Degsnes larch plantaon (the tallest trees in Lithuania), visit to forest faculty in ASU. Kaunas old town, Ivanausko zoological museum, Hidroaccumulang power staon in Kruonis, Stakliskiu mead factory (factory of old naonal alc. drink). lunch included.

B

Bus trip Degsnes larch plantaon, Girionys- Lithuanian forest instute, Forest college, Lithuanian bank of seeds, nursery, arboretum. Velley of juniperus. Kaunas old town, Kaunas forfications. Kruonis hidroaccumulaing power plant, Stakliskiu mead factory. lunch included.

C

Bus trip to Trakai historical capital of Lithuania. Visit castle, bout tour in the lake around castle. Trakai state forest enterprise, Aukstadvaris regional park, Stakliskiu mead factory. lunch included.

D

Local bout tour in Nemunas river in Birstonas, excursion in Birstonas total 3 hours. without lunch. Max 50 persons in the boat.

Banquet

Banquet will be held in Birštonas center of culture Jaunimo street 4, 59206 Birštonas.

Information and contacts

E-mail: audrius@smilgius.eu

Event leader: Audrius Smilgius

Phone: +37069994400

Participants

Class	Surname, Name	Country
M21	Alekseyonok Aleksei	Belarus
M50	Alekseyonok Aleksei	Belarus
W60	Pirahova Liudmila	Belarus
M60	Navrozov Anatoli	Belarus
M50	Hepnar Lubomir	Czech Republic
W35	Smékalova Jana	Czech Republic
W14	Smékalova Viktorie	Czech Republic
W14	Smékalova Karolina	Czech Republic
M40	Smékal David	Czech Republic
M50	Simek Roman	Czech Republic
M16	Simek Stepan	Czech Republic
W50	Simkova Hana	Czech Republic
M55	Vaclavek Tomas	Czech Republic
W35	Simkova Marketa	Czech Republic
M50	Simek Miroslav	Czech Republic
M55	Kreček Miroslav	Czech Republic
W45	Krečkova Petra	Czech Republic
M50	Holinka Martin	Czech Republic
M65	Sklenar Antonin	Czech Republic
W12	Simkova Anežka	Czech Republic
W21	Lorenzen Nicoline O	Denmark

Participants

Class	Surname, Name	Country
W65	Lorenzen Marianne O	Denmark
M60	Lorenzen Ulrik	Denmark
M21	Daugaard Jacob Asmussen	Denmark
M65	Knudsen Leif Skovgaard	Denmark
W65	Knudsen Lis	Denmark
M21	Knudsen Bjarne Skovgaard	Denmark
M21	Knudsen Anders Skovgaard	Denmark
W21	Knudsen Inge Skovgaard	Denmark
OPEN	Jakobsen Lars Skovgaard	Denmark
M65	Wodschow Sven	Denmark
M65	Männi Riho	Estonia
M65	Kirjanen Ilmar	Estonia
M50	Pääslane Priit	Estonia
W45	Pääslane Minija	Estonia
M40	Merenäkk Meelis	Estonia
M12	Merenäkk Renno	Estonia
M35	Sulavee Ahto	Estonia
M40	Piirisild Tõnis	Estonia
OPEN	Piirisild Triinu	Estonia
M14	Piirisild Olev	Estonia
M65	Paasma Koit	Estonia

Participants

Class	Surname, Name	Country
M60	Sikkal Tõnu	Estonia
M18	Kruusa Rasmus	Estonia
W65	Pesti Anne	Estonia
M35	Tolm Tarmo	Estonia
M55	Pärt Enn	Estonia
M45	Padari Allar	Estonia
OPEN	Kekk Kertu	Estonia
OPEN	Reinhold Ott	Estonia
M55	Partanen Pekka	Finland
W55	Hukka Kaija	Finland
M65	Turpeinen Timo	Finland
W50	Koistinen Aija	Finland
W45	Ikonen Minna	Finland
W21	Inkilä Anni	Finland
M55	Martikainen Ari	Finland
M50	Reiman Jarmo	Finland
W50	Reiman Anu	Finland
M65	Humalamäki Hannu	Finland
M45	Ylikangas Esko	Finland
W16	Ylikangas Pinja	Finland
W21	Ylikangas Tiia	Finland

Participants

Class	Surname, Name	Country
M45	Vesisenaho Tero	Finland
W45	Vesisenaho Anu	Finland
M60	Höglund Risto	Finland
W55	Hakkarainen Riitta	Finland
M21	Pohjala Johannes	Finland
M50	Särkkä Urpo	Finland
M55	Kauppinen Petri	Finland
M50	Minkkinen Ismo	Finland
W55	Annala Päivi Anneli	Finland
M60	Mattila Tuomo	Finland
M75	Heikinheimo Matti	Finland
M75	Haarlas Rihko	Finland
M55	Rissanen Juha	Finland
M65	Hyytiäinen Timo	Finland
W12	Vesisenaho Sini	Finland
M21	Kovacs Ferenc	Hungary
M60	Kürti Istvan	Hungary
M60	Spiegel Janos	Hungary
M60	Veres Imre	Hungary
M50	Zagyi Laszlo	Hungary
M50	Filo György	Hungary

Participants

Class	Surname, Name	Country
M40	Weitlaner Andreas	Italy
M60	Schwingshackl Heinrich	Italy
M35	Bezzi Marco	Italy
W21	Gaigher Pamela	Italy
W35	Gaigala Dace	Latvia
M50	Gaigals Martins	Latvia
M35	Ķeris Artūrs	Latvia
W45	Virbule Līga	Latvia
W35	Pikšena Ilze	Latvia
M12	Bērziņš Toms	Latvia
M45	Dzalbs Andris	Latvia
W45	Berķe Ginta	Latvia
M55	Dude Guntis	Latvia
W45	Segliņa Indra	Latvia
W12	Segliņa Māra	Latvia
M14	Segliņš Jēkabs	Latvia
M40	Segliņš Jānis	Latvia
W45	Sedleniece Guna	Latvia
W65	Vilciņa Gunta	Latvia
W50	Lūkina Ilze	Latvia
M50	Lūkins Guntis	Latvia

Participants

Class	Surname, Name	Country
M16	Lūkins Ronalds	Latvia
M40	Rekelis Dainis	Latvia
M40	Dubrovskis Dagnis	Latvia
M12	Dubrovskis Atis	Latvia
W18	Dubrovskā Andra	Latvia
M70	Dubrovskis Vilis	Latvia
W21	Daģe Ilona	Latvia
M35	Daģis Salvis	Latvia
M35	Glazko Zbignevas	Lithuania
M12	Glazko Sebastian	Lithuania
W40	Servienė Lina	Lithuania
M50	Vengalis Alvydas	Lithuania
M40	Mikalauskas Robertas	Lithuania
M20	Staišiūnas Edvinas	Lithuania
M50	Staišiūnas Vytautas	Lithuania
W12	Staišiūnaitė Emilija	Lithuania
M55	Kazlauskas Donatas	Lithuania
W50	Sidaravičienė Aušra	Lithuania
M55	Ziaziulia Ivanas	Lithuania
W35	Grigaliūnaitė Agnė	Lithuania
M20	Janušauskas Paulius	Lithuania

Participants

Class	Surname, Name	Country
M45	Budriūnas Justas	Lithuania
M45	Tėvelis Ričardas	Lithuania
W12	Tėvelytė Eidvilė	Lithuania
M45	Truncė Darius	Lithuania
M18	Truncė Justinas	Lithuania
W14	Truncaitė Aistė	Lithuania
W55	Vilkelienė Danutė	Lithuania
M60	Vilkelis Jonas	Lithuania
M21	Vilkelis Simas	Lithuania
W60	Ptašekienė Vitalija	Lithuania
M55	Ptašekas Marius	Lithuania
M55	Ptašekas Julius	Lithuania
W12	Smilgiūtė Kamilė	Lithuania
M21	Gvildys Jonas Vytautas	Lithuania
W21	Velde Reda	Lithuania
M18	Velde Augusts	Lithuania
M55	Mikšys Eugenijus	Lithuania
W55	Kutkienė Violeta	Lithuania
M70	Kutka Rimvydas	Lithuania
W60	Sagbakken Ronnaug	Norway
M65	Smestad Arve	Norway

Participants

Class	Surname, Name	Country
W75	Pran Mari	Norway
M70	Svenkerud Halvor	Norway
M65	Opsahl Karl Petter	Norway
W60	Opsahl Turid Norstad	Norway
M55	Haugen Erik	Norway
W21	Lande Julie Finsrud	Norway
M12	Lande Ragnar	Norway
M12	Lande Asbjørn	Norway
M45	Lande Eivind	Norway
W65	Hauger Mona	Norway
M70	Hauger Odd	Norway
W55	Skårholen Inger Lise	Norway
M60	Skårholen Arne	Norway
M70	Tingvold Hans Asbjørn	Norway
W55	Øygard Inger Marie	Norway
M60	Volden Torgeir	Norway
M55	Ottesen Sture	Norway
W60	Sørum Anne	Norway
W60	Bjoernstad Wenche	Norway
M75	Pedersen Ingvald	Norway
M60	Uthushagen Terje	Norway

Participants

Class	Surname, Name	Country
M45	Fredriksen Robert	Norway
M65	Rekaa Sveinung	Norway
M70	Gjoelstad Per Gunnar	Norway
W70	Vangen Wenche	Norway
W20	Smith Frida Gjoelstad	Norway
W18	Borge Sigrid Gjoelstad	Norway
W14	Borge Astrid Gjoelstad	Norway
M50	Borge Karsten	Norway
W50	Gjoelstad Mari Cecilie	Norway
M50	Smith Martin	Norway
M50	Roehnebaek Erlend	Norway
W50	Roehnebaek Guri Gjoelstad	Norway
M21	Roehnebaek Anders Gjoelstad	Norway
OPEN	Gjoelstad Eli	Norway
M21	Kopland Helge Kristian	Norway
M60	Nordvi Kjell Magne	Norway
M60	Pedersen Arnfinn	Norway
M70	Edvardsen Stein Erik	Norway
M75	Drivvold Gunnar Jarle	Norway
M70	Fjaestad Knut	Norway
W70	Fjaestad Randi	Norway

Participants

Class	Surname, Name	Country
M65	Skjeset Knut	Norway
M70	Bøhn Oddvar	Norway
W40	Drivvold Agate	Norway
M14	Thoresen Sture	Norway
M65	Gustavsen Karl Mats	Norway
M55	Kopland Jens Kristian	Norway
M55	Undrum Ivar	Norway
M70	Lundberg Tormod	Norway
W50	Sagbakken Oddveig Anne	Norway
M21	Roehnebaek Peder Gjoelstad	Norway
W75	Aas Marit	Norway
W70	Doehlen Inger	Norway
W55	Mikielska Danuta	Poland
M55	Mikielski Marek	Poland
M45	Wójtowicz Piotr	Poland
W40	Wójtowicz Iwona Maciąg	Poland
M60	Protasiewicz Włodzimierz	Poland
M60	Jeliński Zygmunt	Poland
W20	Janicka Katarzyna	Poland
W20	Wikariak Patrycja	Poland
W18	Chojecka Aleksandra	Poland

Participants

Class	Surname, Name	Country
M18	Denis Jagódka	Poland
M20	Helman Marcin	Poland
M20	Białek Jacek	Poland
M20	Helak Bartosz	Poland
M18	Seweryn Spicker	Poland
M18	Kruk Filip	Poland
M18	Petros Błogowski	Poland
M18	Eryk Jeleń	Poland
M18	Tymoteusz Szulc	Poland
M18	Jaworski Dominik	Poland
W18	Matylda Rejewska	Poland
M21	Szlaszyński Adrian	Poland
M40	Krzyżostanek Jarosław	Poland
W12	Krzyżostanek Patrycja	Poland
W40	Breska Ewelina	Poland
OPEN	Breska Witold	Poland
W12	Breska Nadia	Poland
M12	Breska Wiktor	Poland
M45	Ertel Radosław	Poland
M14	Ertel Jacek	Poland
M60	Fałkowski Zbigniew	Poland

Participants

Class	Surname, Name	Country
M50	Jasnoch Grzegorz	Poland
M21	Pietraszko Karol	Poland
M35	Pomianek Mateusz	Poland
M21	Przerwa Tetmajer Ksawery	Poland
M60	Szczepański Marek	Poland
M21	Pańkowski Mateusz	Poland
M50	Bączek Dariusz	Poland
M21	Jakubczyk Damian	Poland
W16	Bączek Małgorzata	Poland
W18	Maciuk Monika	Poland
W18	Nowakowska Wiktoria	Poland
M18	Jakubczyk Arkadiusz	Poland
M18	Czerniewicz Łukasz	Poland
M20	Piersa Jakub	Poland
M20	Meller Mateusz	Poland
M20	Magdaleński Wiktor	Poland
M18	Domian Marek	Poland
M35	Duda Marcin	Poland
M45	Rosiński Arkadiusz	Poland
OPEN	Samsel Beata	Poland
W16	Rosińska Aleksandra	Poland

Participants

Class	Surname, Name	Country
M45	Wańczyk Waldemar	Poland
W45	Wańczyk Magdalena	Poland
W21	Wańczyk Zuzanna	Poland
OPEN	Łukasik Jakub	Poland
M45	Ratajczak Piotr	Poland
M50	Lickiewicz Jarosław	Poland
M21	Pawłowicz Piotr	Poland
M40	Zawiślak Ścibor	Poland
W21	Boruk Maja	Poland
M21	Dobrynin Sergey	Russia
M60	Karlsson Björn	Sweden
W55	Karlsson Lena	Sweden
M21	Malmquist Johan	Sweden
W55	Öhlin Ann	Sweden
M60	Mauritzon Björn	Sweden
M50	Svensson Håkan	Sweden
M45	Farebo Torvald	Sweden
M45	Larsson Åke	Sweden
M21	Silvermark Viktor	Sweden
M35	Iseborn Linus	Sweden
W40	Larsson Linda	Sweden

Participants

Class	Surname, Name	Country
W60	Andreasson Barbro	Sweden
M55	Karlsson John	Sweden
M65	Bohman Olle	Sweden
M70	Eckerbom Åke	Sweden
M70	Henriksson Bengt	Sweden
M70	Andersson Eje	Sweden
W65	Svensson Margaretha	Sweden
M70	Sandgren Leif	Sweden
M65	Koolmeister Werner Peter	Sweden
M55	Brügger Joseph	Switzerland
M60	Kohler Hansruedi	Switzerland
W55	Kohler Käthi	Switzerland
M65	Albert Frei	Switzerland
M65	Marti Walter	Switzerland
W60	Marti Rita	Switzerland
M70	Waser Franz	Switzerland
M60	Waser Renate	Switzerland

